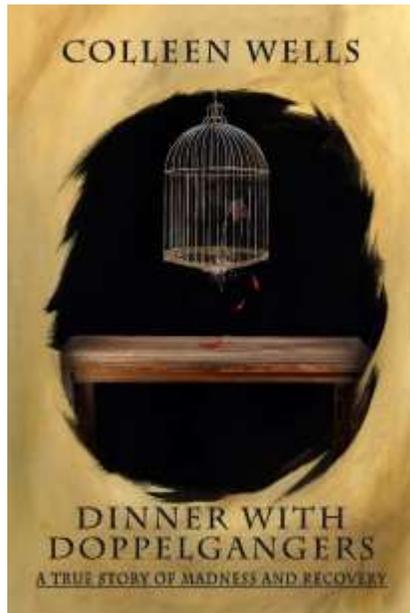




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PRESS RELEASE
Date: 1/23/2015

RE: Dinner with Doppelgangers by Colleen Wells



Fall inside madness, and catch a powerful glimpse of life with mental illness.

From [Wordpool Press](#), in beautifully crafted prose, comes *Dinner with Doppelgangers - A True Story of Madness and Recovery* by Colleen Wells, the story of one woman's struggle with profound depression and mania, the hallmarks of bipolar disorder.

Wells, who was diagnosed with bipolar I and anxiety, among other disorders, recounts her struggle with mental disease, and its effects on her family and friends. She does this with bare, broken phrases that rattle and shock the mind. With highs, lows and hospital visits blurred by medications, the poetic text explores in uncompromising honesty how mental illness can affect family, friends, and self.

Wells tackles this complicated issue with a magnetic grace that easily pulls readers along. Those diagnosed with mental illness will benefit from this book's message of warmth, hope, and recovery, as will those with the mentally ill in their lives.

DINNER WITH DOPPELGANGERS

RELEASING APRIL 11TH, 2015

PRE-ORDERS AVAILABLE MARCH 14TH

Look for the e-book and paperback at Amazon.com and Wordpoolpress.com

“Colleen Wells captures the essence of living with bipolar as a young adult through parenthood...A must read for anyone experiencing or living with someone who is diagnosed with a mental health disorder.”

-Alison Leslie, LCSW, Bloomington, Indiana

“Colleen Wells has written a scorching and searching memoir. In her fiercely honest writing, she is our guide inside a troubled mind and spirit. It's a harrowing story of an assault and battery from within that, in Wells' spare, unrelenting prose, is all too real. You will finish this book affected and greatly moved by Wells' journey.”

-Richard Goodman, author of *French Dirt: The Story of a Garden in the South of France*



“Raw, unabashed, naked fear comes spilling out onto the page in this simply complex memoir of one woman's descent into manic depression. Colleen Wells doesn't explain what it's like to be sucked into the darkness, she takes us there.”

-Sherry McCaulley Palmer, author of *Life With Charley: A Memoir of Down Syndrome Adoption*

To find out more about Colleen Wells,
visit her [website](#) and wordpoolpress.com or www.dinnerwithdoppelgangers.com